

# Cherwell District Council

## Executive

7 November 2016

### Bicester Healthy New Town Status

## Report of Director of Operational Delivery

This report is public

### Purpose of report

To inform the Council of progress in implementing the Bicester Healthy New Town Programme and to ask it to endorse its proposed delivery plan.

### 1.0 Recommendations

The meeting is recommended:

- 1.1 To note progress in implementation of Bicester's Healthy New Town Programme.
- 1.2 To endorse the programme's proposed delivery plan.

### 2.0 Introduction

- 2.1 In June 2016 the Council agreed to act as the lead and accountable body for the Bicester Healthy New Town Programme, funded by NHS England. In addition, it agreed to include this activity in the work of the Bicester Strategic Delivery Board and to provide funding of £20,000 to support delivery of the programme beyond 2016/17. This report describes the progress achieved to date in developing and implementing the Healthy New Town Programme in Bicester.

### 3.0 Report Details

#### Development of Bicester's Healthy New Town Programme: Vision and Objectives

- 3.1 Since 6 June 2016, good progress has been made in developing the vision for the programme, its key objectives and a detailed action plan. This report describes how the programme has been co-produced with close engagement of the Bicester Healthy New Town Partnership Group and local Bicester stakeholders.

3.2 The wider Bicester partnership contains the following organisations:

Cherwell District Council, Oxfordshire Clinical Commissioning Group, A2 Dominion, Oxford Academic Health Science Network, NHS England South, Oxford Health NHS Foundation Trust, Oxford University Hospitals NHS Trust, Oxfordshire County Council, Bicester Town Council, Oxford Brookes University, Oxford University, Age (UK) Oxfordshire, Healthwatch Oxfordshire, Bicester Locality Patient Forum, North Oxfordshire Community Partnership Network, ISIS Innovation, ONEFED GP Federation, Health Education Thames Valley, Oxfordshire Sport and Physical Activity, Oxfordshire Local Enterprise Partnership and the Oxfordshire Health and Wellbeing Board.

3.3 Members of the partnership were invited to two workshops, with 45 attending the one on 16 May 2016 and 24 attending the one on 27 July 2016, to agree the vision for the programme and to identify its key priorities. These are summarised as follows:

The **aim** of the Bicester Healthy New Town Programme is to enable people who live or work in Bicester to live healthier lives and to prevent ill health in the future.

The two key **priorities** for the programme are:

- To reduce the number of people who are overweight or obese in order to prevent future health problems;
- To reduce the number of people who feel socially isolated or lonely in order to improve mental wellbeing.

The programme aims to improve both the physical and mental health of everyone in Bicester – the existing community as well as those moving to the town.

3.4 The Programme has three key work streams:

- **The Built Environment:** making best use of Bicester's built environment to encourage healthy living;
- **Community Activation:** helping local people to live healthier lives with the support of community groups, schools, and employers;
- **New Models of Care:** delivering new approaches to care closer to home and minimising hospital-based care.

The objectives for each work stream have been developed and endorsed by local stakeholders as well as the Bicester Strategic Delivery Board. They comprise:

3.5 **Built Environment**

- Going for Green - to maximise the use of Bicester's green and public spaces for healthy living;
- To create a 'walkable and cycleable community' with a comprehensive walking and cycling network;

- To develop planning policies which support the creation of a healthy environment.

### 3.6 **Community Activation**

- To build better connected communities with the creation of a network of volunteer community activators;
- To activate schools, nurseries, and colleges to work with young people and their families to become more active and to eat healthily in order to increase their physical and mental wellbeing;
- To activate local workplaces to promote health and wellbeing at work.

### 3.7 **New Models of Care: Creating care closer to home**

- To create a 'primary care home' with integrated community health and social care supporting GP clusters to care for people with complex care needs;
- To deliver new care pathways for long term conditions which minimise hospital based outpatient care (focusing first on diabetes);
- To plan to meet future care needs through the provision of primary and community care from health campuses.

3.8 Having identified these broad objectives, a detailed delivery plan has been produced which has addressed both the priorities of local stakeholders in Bicester and the requirements of NHS England. In July 2016, NHS England's Director of Strategy recognised that the Healthy New Towns programme aims to achieve long term behaviour change but also noted that sites would need to be able to report on how the programme is making a difference by 31 December 2016 in order to make a case for on-going funding from NHS England. Sites were asked to identify some quick wins that can be delivered in the short term as well as actions that will deliver change over the medium to longer term. This is reflected in the draft delivery plan, see Appendix 1.

### **Development of the HNT Programme Delivery Plan: Local Engagement**

3.9 The programme delivery team also identified that it was very important to engage local stakeholders in Bicester at an early stage to enable them to influence and shape the plans. This will enable the programme to shift from being an NHS initiative to become one that is owned by people in Bicester in order to create sustainable change in encouraging people to live healthier lives. To this end a workshop was held on 6 October 2016 to which a wide range of local stakeholders were invited. Seventy-four delegates attended, representing Bicester's voluntary organisations, schools, workplaces, health and care services, local government and NHS England.

3.10 The purpose of the workshop was:

- To enable a wide group of local stakeholders to be informed about and contribute to the Healthy New Town programme;
- To secure support for the programme's objectives and key initial areas of work;
- To create the opportunity for people to meet and build connections with other local Bicester stakeholders;
- To engage and seek the support of local stakeholders as to how they can contribute to delivery of the programme.

- 3.11 Local stakeholders reviewed and endorsed the Programme's priority areas for action and then had detailed discussions about how the programme could engage effectively with workplaces, schools and nurseries, local voluntary and community groups, as well as identifying how the built environment could support healthier lifestyles. Their ideas and views have directly influenced the delivery plan, with local views being identified in italics in the plan attached in Appendix 1.
- 3.12 Delegates were also asked to describe what Bicester could look like in 2020 as a Healthy New Town. Their ideas were captured by a local artist who then created an image which illustrates how they would like Bicester to develop as a healthy new town (see Appendix 2). In addition, a short video was created to articulate in a different form local stakeholders' ambitions for the programme and for the town.
- 3.13 As part of the programme's remit of building community connections, delegates were encouraged to connect with each other, sharing contact details with people that they had not met prior to the conference. They also were encouraged to make a pledge, identifying how they would contribute to the programme; to date 35 pledges have been received reflecting the range of interests of stakeholders (see Appendix 3).
- 3.14 Feedback on the local stakeholder workshop has been overwhelmingly positive, with 72% reporting that they had found the overall event very useful and 94% identifying that they wished to continue to engage with the programme.

### **National Support for the Bicester Healthy New Town Programme**

- 3.15 At the end of June 2016, NHS England confirmed that it was happy with the scope of the programme and signed off an agreement with Cherwell District Council (as the lead organisation) to release £150,000 in funding. This funding enabled the secondment of Rosie Rowe from OCCG to Cherwell District Council to act as Programme Director for Bicester Healthy New Town in order to support implementation of the programme from mid-July 2016 to the end of March 2017.
- 3.16 Representatives from the Bicester programme have attended national networking and shared learning events in July and September 2016. At the September event the Bicester programme was asked to take a leadership role in organising a national learning event on the built environment for all ten of the Healthy New Town sites which will consider how planners and developers can work together to create environments that promote healthy lifestyles. This reflects the quality of partnership working between the Council and developers like A2 Dominion and progress achieved in developing an exemplar built environment in the eco-town.

## **4.0 Conclusion and Reasons for Recommendations**

- 4.1 Good progress has been made in identifying a clear focus for the Healthy New Town Programme that reflects local priorities and which can result in meaningful and positive change for Bicester residents. Clarification of the aims of the

programme and its objectives will enable the programme to be effectively evaluated to assess its impact.

- 4.2 Following final feedback from the Bicester Partnership Group, the programme delivery plan will be submitted to NHS England for approval with a view to implementation commencing from 1 November 2016.

## **5.0 Consultation**

- 5.1 Please see paragraphs 3.8 to 3.13 for details of local engagement.

## **6.0 Alternative Options and Reasons for Rejection**

- 6.1 The following alternative option has been identified and rejected for the reasons as set out below.

Option 1: Not to endorse the detailed HNT Programme Delivery Plan co-produced with local partners and Bicester stakeholders. This is not proposed due to the relevance of this programme to Bicester, the importance of local people understanding and knowing how it can make a difference, and the need for a detailed delivery plan to secure funding from NHS England.

## **7.0 Implications**

### **Financial and Resource Implications**

- 7.1 Funding of £33,000 has been released by NHS England at the end of Quarter 2 in recognition of the progress achieved.

Comments checked by Kelly Wheeler, Principal Accountant, 01327 322230, [kelly.wheeler@cherwellandsouthnorthants.gov.uk](mailto:kelly.wheeler@cherwellandsouthnorthants.gov.uk)

### **Legal Implications**

- 7.2 There are no legal implications arising from this report.

Comments checked by Chris Mace, Solicitor, 01327 322125, [christopher.mace@cherwellandsouthnorthants.gov.uk](mailto:christopher.mace@cherwellandsouthnorthants.gov.uk)

## **8.0 Decision Information**

### **Key Decision**

**Financial Threshold Met: No**

**Community Impact Threshold Met: Yes**

### **Wards Affected**

All Bicester wards

### **Links to Corporate Plan and Policy Framework**

Cherwell: A Thriving Community - Work to promote and support health and wellbeing across the district.

### **Lead Councillor**

Councillor Barry Wood, the Leader of the Council and lead for Bicester

### **Document Information**

<b>Appendix No</b>	<b>Title</b>
1.	Draft Bicester Healthy New Town Programme Delivery Plan
2.	Bicester Healthy New Town Programme Image
3.	Summary of stakeholder pledges to the Bicester HNT
<b>Background Papers</b>	
None	
<b>Report Author</b>	Ian Davies, Director of Operational Delivery
<b>Contact Information</b>	030000 30101 ian.davies@cherwellandsouthnorthants.gov.uk

## APPENDIX 1

Bicester | Healthy New Town Programme: Draft Delivery Plan November 2016-March 2018

The following briefing identifies an outline plan of activity for October 2016-March 2018. These plans reflect ideas generated by the wider partnership, the HNT delivery team, and local stakeholders (local ideas shown in italics); longer term planning for delivery in 2017/18-2018/19 is also required.

Item	Deliverable by 31 December 2016	Deliverable by 31 March 2017	Deliverable 17/18	Lead Agencies	Resources
<b>Built Environment</b>					
<b>1. Going for Green - maximizing the use of Bicester's green and public spaces for healthy living</b>	Produce information on the town's main open spaces to raise awareness and promote their use. Publicise information through Garth Gazette, websites, press releases and local information points	Promote use of open spaces for free activity in January		CDC Bicester Delivery Team working with BTC	Bicester Delivery team (SC) GIS team & graphic design BTC (CJ) Printing costs – HNT Budget?
		Development of mobile version of mapping			
	Establish current use of Green Spaces, survey as part of green space evidence base			CDC Bicester Delivery Team	CDC Policy Team (SW) Bicester Delivery Team
	<i>Observational survey of use of green space</i>			Oxford Brookes	OBU students Bicester Delivery Team
		Develop movers/new residents information pack encouraging cycling/walking/volunteering		A2Dominion	A2D, Bicester Delivery team (GM), Community Services Resources for printing HNT?
				- Learning from Elmsbrook on the creation and use and management of the first green space in the	A2D

			<i>new development</i>		
			- <i>Delivery strategy for creating green corridors to support connectivity identified in the LP/master plan for Bicester</i>	CDC Bicester Delivery Team	CDC Policy Team Bicester Town Council External support
		Programme to review small areas of open space and revise their design		Bicester Town Council	Bicester Delivery Team, Landscape architect – funding
<b>2. Creating a 'walkable and cycleable community' with a comprehensive walking and cycling network</b>	- Wayfinding scheme – procurement of signage design and public consultation Signage to provide information about walking and cycling distances between key destinations in Bicester	Signage installation		CDC Bicester Delivery Team	Bicester Delivery Team (LBH) OCC (BS & WP)
	- Identify, waymark and publicise a new cross town cycle route			CDC Bicester Delivery Team	Bicester Delivery Team (SC) & Monica Meers GIS & Graphic design support
		Agree how use of cycling and walking routes to be monitored			
		Liaise with running clubs & BTC to agree simple signage of 'run routes' in the town. Publicise the routes (potential link to couch to 5K?)		CDC Bicester Delivery Team	Bicester Delivery Team (GM) Leisure services GIS and Graphic design Signage and promotional material HNT?
<b>3. Develop planning</b>	- Training session for planners re: developing healthy environments with			Public Health	



<b>policies that support the creation of a healthy environment</b>	public health experts. Involve planners from across Oxfordshire to ensure shared learning and produce training toolkit for use elsewhere				
		- Training session for planners re: developing age friendly environments		Age UK	
		- Agree approach and protocol to enable Public Health, Sport England and Age UK to review and comment and input to development proposals to ensure that they deliver active and inclusive environments to support health and wellbeing		CDC Bicester Delivery Team	Bicester Delivery Team (CC) Development Management
	- Draft policy for LP part 2 to require healthy environments	- Round table with town planners to establish how to embed principles and policies to support healthy environments		CDC Bicester Delivery Team	CDC Bicester Delivery Team (CC) Development management Planning Policy
			- Investigate the development of one check list/advice for developers to use to support them in designing healthy developments (potentially expand existing national guidance)	CDC Bicester Delivery Team	CDC Bicester Delivery Team (JB) OCC (RK) Development Management  iBi Consultant support
		- Bid submitted to be one of 10 place based sites for Sports England funding		CDC	Bicester Delivery Team, Leisure Services

<b>4. Making Information available</b>			- Review of community asset mapping and seek opportunities to enhance the use of assets such as schools, community centres and churches		A2D, Bicester Delivery Team, Community Services,
	- Identify opportunities for providing information on existing and new community notice boards/info points e.g. sports center and library including management of information on these		- Work with BTC to review and update information on their notice boards	Parkwood; BTC; CDC	Cost of notice boards
			- Scope out and resource development of an app 'Bicester 4U' which would include a directory of activity	AHSN and CDC Delivery Team	
			- Agree promotional campaign to encourage use of Bounts exercise incentive scheme -	CDC and community groups and leisure centre	Leisure Services
	- Agree evaluation approach	- Develop living lab HNT presence to share learning?	- Dissemination event and /report		
<b>Community Activation</b>					
<b>5. Building better connected communities with the creation of a network of volunteer</b>	- Local Stakeholders Workshop to secure input into and engagement with HNT programme from local community leaders				COMPLETE
		- Planning of the public launch of HNT programme in early May to be well		CDC	RR, Community Services NR,

community activators		advanced and to be focused on promoting the programme in spaces that people already use – including the town centre /schools/workplaces			Bicester Delivery Team (GM) Parkwood, Voluntary sector
	- Input into pilot of AMI site to support befriending and peer to peer support	- Pilot of peer to peer function on AMI site to have started		CDC	Ami, CDC community services
	- SPARK fund set up and local organisations offered opportunity to seek seed corn funding to assist delivery of the HNT objectives	- Allocation of Spark funds and promotion of the scheme if funding remains	Allocation of Spark funds and promotion of the scheme if funding remains and evaluation	CDC	Community Services (NR) HNT & Garden Town funding
	- Participate in Parish Liaison meeting and Knowing your Communities events, Older People’s Day Information Fair (30 Sept) and Health Fair (14 Oct) to engage local community with plans			CDC	RR, Bicester Delivery Team (GM)
	- <i>Develop a plan for voluntary sector engagement with the programme by identifying local networks that the HNT needs to plug into and identify network champions for the programme.</i>	- Plans confirmed with voluntary sector as to how they wish to engage with the programme		CDC and voluntary sector	CDC Community Services and RR
		- Establish a community forum – holding its first network event so that different community groups can find out about each other (in conjunction with the Town Council	<i>Hold several community forum events to support collaboration and to offer skills training</i>	BTC and CDC	BTC and CDC Community Services
			<i>Set up a network of ‘community champions’ – making it easy to volunteer and to be recognised</i>	BTC and CDC	BTC and CDC Community Services

			<i>Offer PH brief intervention training</i>		
	- Bid submitted for Innovate funding to test new way of digital engagement with local authorities on use of green spaces/leisure facilities			<i>CDC Bicester Delivery Team</i>	CDC Bicester Delivery Team (GM)
	- <i>Use community networks to understand barriers to inclusion and activity and develop an offer for residents that recognize these – engaging early with ‘seldom heard’ groups</i>			CDC and Oxford Brookes and OCCG	RR and Equalities and Access Team
		- <i>Work with fire service to undertake wellbeing survey and to support signposting</i>		CDC and Fire Service	RR
			- <i>Create a neighbourhood buddy system – possibly linked to AMI site – to encourage physical activity</i>	CDC and A2D for Elmsbrook	CDC Community Services
<b>6. Activation of schools, nurseries and colleges, and families to get young people active and increase their physical and mental wellbeing</b>	- Engagement offer developed for schools/nurseries/colleges to engage with the programme Ensure the needs of ‘special schools’ are included			CDC	RR
	- Attend North Oxon Schools Sports Partnership Council to seek support	- <i>Build on existing mentoring roles between secondary and primary schools</i>		CDC	RR
	Engage directly with young people to identify what would make a difference to them in encouraging them to get active,			CDC and OYAP	RR

	eat healthily and to feel socially included				
	Discuss potential application of Impact programme with Gagle Brook head to see if there are transferable methods for engaging parents			CDC	CC and RR
			- <i>Work with school council members to shape engagement with schools and of parents</i>	CDC	RR
		- <i>Round table of school reps held to share areas of good practice (within and outside Bicester) and to confirm plans for school engagement with the programme (including school governors )</i>		CDC	RR
		- <i>Round table of nursery and pre-school providers to confirm plans for their engagement with the programme</i>		CDC	RR
		- <i>Recognise good practice through the existing Awards scheme – setting up a new category to recognize local innovation</i>			
		- <i>Plan holiday club ‘offer’ to reflect the HNT programme objectives and encourage its uptake in more disadvantaged communities</i>		CDC	CDC Leisure Service
		- Pilot Full Circle	- <i>Complete pilot of Full Circle project to</i>	CDC	RR, HNT funding

			<i>encourage inter-generational support in schools</i>		
			- <i>Explore opportunities for schools to start gardening clubs with local resident volunteers</i>	CDC and community groups	CDC Community Services
			- <i>Work with relevant community groups to develop a pilot offering cooking skills on a budget to new parents</i>	CDC and voluntary organisations	CDC Community Services
			- <i>Work with schools to 'zone' playgrounds</i>	CDC	RR
	-	OYAP Art for Health Project – commence pilot in Bicester secondary schools		OYAP; CDC, Oxford Brookes	RR
<b>7. Activation of workplaces to promote health and wellbeing at work</b>	- <i>OXSPA to identify evidence base for effective workplace health and wellbeing schemes and local success stories Engagement offer developed for workplaces/local employers to engage with the programme</i>			OXSPA	
	- <i>Agree plan for environmental health team to engage with restaurants and food outlets to increase uptake of healthy food schemes – identify scope to offer accreditation</i>	- <i>Discussions held with local retailers re: offering healthy food options</i>		CDC	Environmental health team

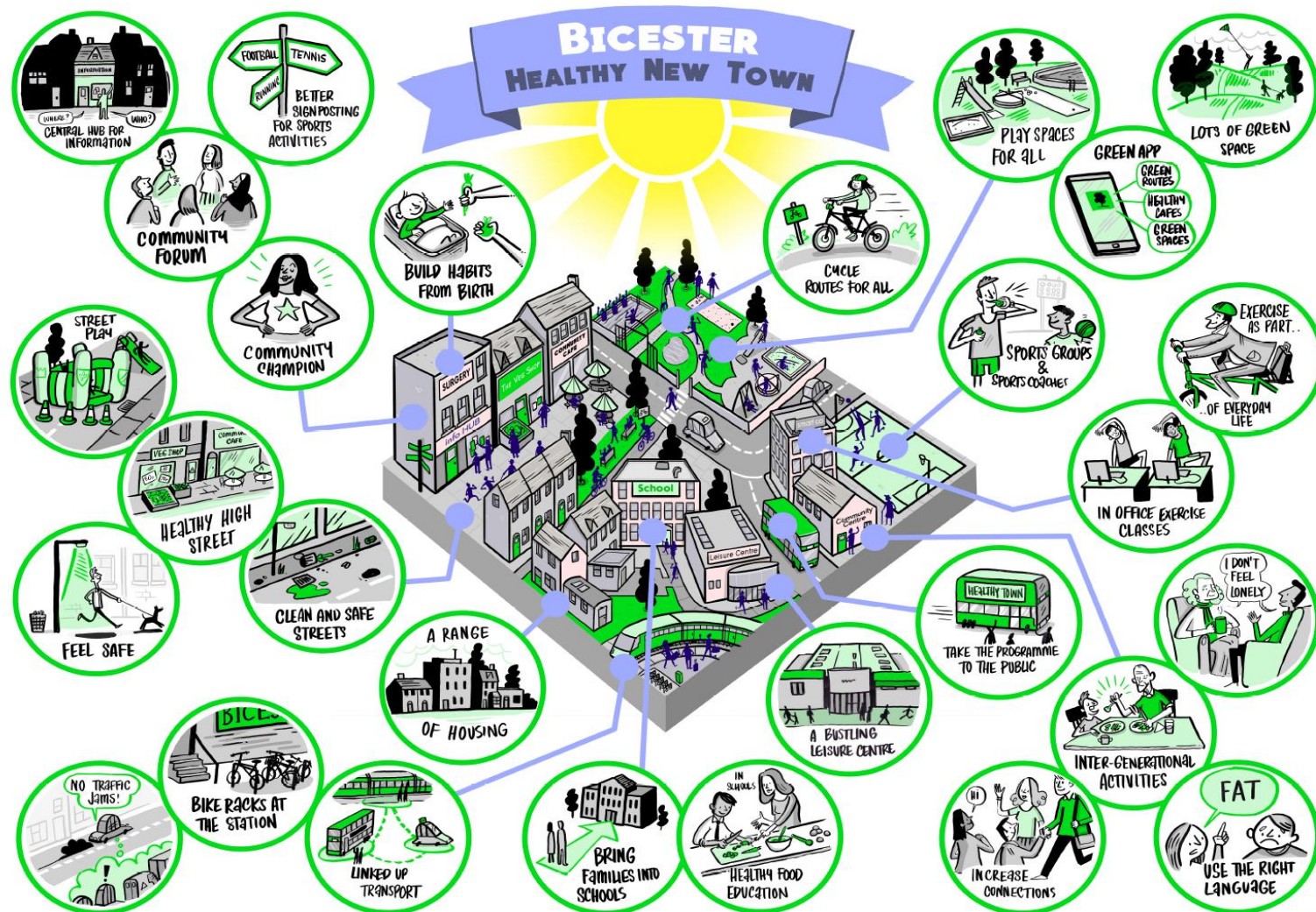
		<ul style="list-style-type: none"> <li>- Work with Bicester Vision and local Chamber of Commerce to develop a business case (relevant to SMEs and large companies) for investing in employee health and wellbeing schemes and launch at Bicester business breakfast club and via Bicester radio.</li> <li>- In offer identify examples of good practice including link to mental first aiders/cycle to work schemes</li> </ul>	<ul style="list-style-type: none"> <li>- Increase sign up by Bicester businesses to Oxon Workplace Challenge Scheme</li> </ul>	Bicester Vision and Chamber of Commerce	RR
			<ul style="list-style-type: none"> <li>- Work with Oxfordshire Business Awards to set up a new category for 'healthy workplace' and 'healthy food retailer'</li> </ul>		Bicester Vision Bicester Chamber
		<ul style="list-style-type: none"> <li>- Agree with public sector agencies which will sign up to be an exemplar in holding 'walking lunch hours'</li> </ul>		CDC/OHFT	
			<ul style="list-style-type: none"> <li>- Promote sign-up of cafes to Coffee conversation scheme</li> </ul>	CDC	RR
			<ul style="list-style-type: none"> <li>- Provide brief intervention training to multi-sector group</li> </ul>	OCC/OXSPA	Public Health

**New Models of Care: Creating care closer to home**

<b>8. Creating a 'primary care home' with integrated community health and social care supporting GP clusters to care for people with most complex care needs</b>	- Community services, primary care and social care to form local leadership group to promote integrated care			Oxfordshire Clinical Commissioning Group (OCCG)	
	- Develop pilot to test use of a 'care bank' to support complex patients at high risk of admission over the weekend	- Run pilot and evaluate impact of 'care bank'		Oxfordshire Clinical Commissioning Group (OCCG)	
		- New model of care for how primary care and community services can be further integrated and the potential future role of Bicester community hospital to be out for public engagement		Oxfordshire Clinical Commissioning Group (OCCG)	
		- Primary, community and social care to have tested new ways of working to promote more coordinated care		Oxfordshire Clinical Commissioning Group (OCCG)	
			- <i>Develop and test model of social prescribing for Bicester</i>	Oxfordshire Clinical Commissioning Group (OCCG)	
<b>9. Delivery of new care pathways for long term conditions which</b>	- Pilot to test virtual diabetes clinics to have started	- Diabetes pilot of new pathway for managing long-term conditions to be fully mobilised	- Evaluate effectiveness of diabetes work and embed in contracts – expand to other Long term conditions	Oxfordshire Clinical Commissioning Group (OCCG)	



<b>minimise hospital based outpatient care (focusing first on diabetes)</b>	<ul style="list-style-type: none"> <li>- Round table held with older residents to identify how digital innovation can support their health needs and promote wellbeing</li> </ul>	<ul style="list-style-type: none"> <li>- Round table held with local residents to identify how digital innovation can support their health and care needs and promote wellbeing</li> </ul>		Age UK, A2D,AHSN	RR
		<ul style="list-style-type: none"> <li>- <i>Hackathon</i> held with local digital innovators to identify opportunities for meeting these needs</li> </ul>			
<b>10. Planning to meet future care needs through the provision of primary and community care from health campuses</b>	<ul style="list-style-type: none"> <li>- Draft Planning Obligations SPD to be updated with primary care estates requirements to meet population growth, identifying potential sites for 2 health campuses to serve the town</li> </ul>			CDC	Bicester Delivery Team (CC) Policy Team, GP & CCG
	<ul style="list-style-type: none"> <li>- Case for contribution to health infrastructure to be updated for use by planners</li> </ul>			CCG	
	<ul style="list-style-type: none"> <li>- Round table held with older residents to identify how digital innovation can support their health and care needs and promote wellbeing</li> </ul>	<ul style="list-style-type: none"> <li>- Round table held with local residents to identify how digital innovation can support their health and care needs and promote wellbeing</li> </ul>		Age UK, A2D, AHSN	RR



### Summary of Stakeholder Pledges to Bicester Healthy New Town Programme 17/10/16

I pledge to....	Name	Email	Org
Promote the benefits of a healthy workforce to businesses	Ben Jackson	ben@bbkmedia.com	Bicester Chamber of Commerce
Be a champion in promoting healthy living	Elaine Whittaker	Elaine@yogabeing.co.uk	Yogabeing
Inform the older peoples directorate of today's work, and use some of the contacts made today	Amanda Jones	Amanda.jones@oxfordhealth.nhs.uk	Oxford Health NHS
Represent Bicester HNT at a national NHS England level and support in whatever way we can	Danny McDonnell	danielmcdonnell@nhs.net	NHS England
Work with partners to encourage the young people of Bicester to be as active as possible	Richard Neal	Rneal@oxford.gov.uk	OXSPA
Use the Spark Fund to find a community project in Bicester	Martin Gillett	Martin.gillett@oxonplay.org.uk	Oxfordshire Play Association
Work with other organisations to tackle the barriers to people cycling in Bicester	Suzannah Gore	Suzannah.gore@bioregional.com	Elmsbrook by A2 Dominion
Stay involved in the programme development and support the future wellbeing of Bicester	David Agnew	David.agnew@oxfordshiremind.org.uk	Oxfordshire Mind
Talk to Elmsbrook residents about active, healthy living and signpost to everything already going on	Suzannah Gore	Suzannah.gore@bioregional.com	Elmsbrook by A2 Dominion
Use our newly formed website to promote Bicester Healthy New Town www.caversfieldpc.org.uk	June Nisbet	June.nisbet@gmail.com	Caversfield Parish Council
Use the offices of Bicester Town Council to co-ordinate the activities of local voluntary organisations	Richard Mould	Richard.mould51@ntlworld.com	Bicester Town Council
Re-engage with all local GP practices re physical activity	Jane Trenchard	jtrenchard@oxford.gov.uk	OXSPA
Deliver more drop in sessions	Jane Trenchard	jtrenchard@oxford.gov.uk	OXSPA
Ensure Sport England continue to support you to use active design guidance and our other tools and resources	Jon Horne	Jon.horne@sportengland.org	Sport England
Work to bring care closer to patients homes in Bicester	Stephen Attwood	Stephen.attwood@oxfordshireccg.nhs.uk	OCCG
Engage, work with and support multi-agency committed guided work	James Livingstone	James.livingstone@a2dominion.c	A2 Dominion

to regularly liaise and catch up with people, groups and services striving for the same		o.uk	
Share with colleagues and families to 'spread the word' and build on current resources and form stronger partnerships across Bicester	Ali Mawer	Alison.mawer@oxfordhealth.nhs.uk	Oxford Health NHS
Continue to be motivated to encourage people to consider importance of addressing physical and emotional health now and in future	Julie Cross	Julie.cross@oxfordhealth.nhs.uk	Oxford Health NHS
Engage with pre-schools to raise awareness of this programme and encourage them to consider how they can take part	Julie Cross	Julie.cross@oxfordhealth.nhs.uk	Oxford Health NHS
Continue my engagement with the programme to enable people who live and/or work in Bicester to live healthier lives	Alan Derry	head@gaglebrook.org.uk	Gagle Brook Primary School
Work alongside other agencies to create an intervention programme that schools can use to ensure the vision is met and parents/families are engaged in the programme	Alan Derry	head@gaglebrook.org.uk	Gagle Brook Primary School
Continue to engage community groups in the development of outcomes to evaluate the programme	Sam Williamson	samwilliamson@doctors.org.uk	Oxford University
Form a second Green Gym on a different day and in different areas	Bea Foster	Steve.bea@ntlworld.com	Bicester Green Gym
Start the ball rolling to put on a workplace wellbeing event for Bicester businesses to attend	Jenny Willson	jshaw@oxford.gov.uk	OXSPA
Support the training of community champions / health champions	Jenny Willson	jshaw@oxford.gov.uk	OXSPA
Research with Ramblers central office the way workplace walks have been organised in certain areas	Mary Gough	goutur@tiscali.co.uk	Bicester & Kidlington Ramblers
Help people / groups and communities have more fun	Gillian Munday	Gillian.munday@cherwell-dc.gov.uk	Cherwell District Council
Encourage work colleagues and family to keep active – healthy workplaces	Gillian Munday	Gillian.munday@cherwell-dc.gov.uk	Cherwell District Council
Continue to spread the word through PPG's and to see how the PPG's can help to provide health care	Helen Van Oss	Helen.vanoss@gmail.com	OCCG
On behalf of the leisure centre, explore opportunities for lunch time activity sessions for active workplaces	Liyen Mathew	Liyen.mathew@legacyleisure.org.uk	Bicester Leisure Centre
Assist with routes around town	Monica Mehers	monica@mehers.com	Social Cycle Rides
Raise awareness at OXSPA and its network of Bicester Healthy New Town. Support and engage where requested/appropriate.	S Henshaw	Henshawse@gmail.com	OXSPA